

Experience

January 2016-June 2017

Adult, Child and Family Therapy Private Practice, Colorado Springs, CO

- Solution Based Therapy
- Cognitive Behavioral Therapy
- Crisis and Grief Based Therapy
- EAP Services
- On-Site Employee Presentation Trainings
- Certification in Developmental Trauma

August 2013-July 2017

School Social Worker, Christa McAuliffe Elementary, Colorado Springs, CO

- Taught social skills to kindergarten through fifth graders
- Member of the Response to Intervention (RTI) team
- Responsible for Individual Educational Plans (IEP) for 30 students
- Responsible for data collection and development of students' behavior plans
- Conducted and developed social skills groups that included anger management, boys' friendship group, tattling and listening skills
- Member of the District-11 Crisis Response Team
- Lead District Coordinator for Counselors and Social Work Providers

August 2011-May 2013

School Social Worker, Peyton Elementary, Peyton, CO

- Taught social skills to pre-kindergarten through sixth graders using "Love and Logic", "Project Wisdom" and the "Step" curriculum.
- Member of the Response to Intervention (RTI) team
- Was responsible for data collection and development of behavioral plans.
- Conducted and developed social skills groups that included anger management, girls' friendship and social butterfly groups.
- Member of the administrative team, person in charge when principal was out of the building.
- Developed emergency building procedures

August 2010-May 2011

Social Work Intern, Bristol Elementary, Colorado Springs, CO

- Taught the "Step" curriculum to first and third grade classes weekly for thirty weeks.
- Conducted weekly respect classes, a weekly boy's anger management group and co-facilitated a weekly girl's friendship group.
- Was responsible for data collection and behavioral plans for eight students.
- Participated in the Response to Interventions (RTI) process and was a member of the problem-solving team.

May 2010-August 2010

Social Work Intern, Big Brothers Big Sisters of Colorado Springs, CO

- Interviewed children, parents and adults for inclusion into the Big Brother Big Sisters program.
- Conducted monthly introductory trainings for prospective Big Brothers/Sisters.
- Responsible for daily case management of 15 client cases.
- Conducted and participated in event planning.

October 2005-May 2010

Counseling Secretary, William Palmer High School, Colorado Springs, CO

- Scheduled and maintained seven counselors' calendars.
- Participated in the weekly problem solving meetings and a member of the Positive Behavior Intervention Support (PBIS) team.
- Compiled and edited the monthly school newsletter.
- Planned and oversaw the following annual events: The Career Fair, Out of State College Night, and Academic Awards.
- Mentor in the GNAS program for at risk students, Co-leaders of the Native American Indian Organization and Freshman Terror Tracks Student Leader.

May 2001-June 2004

Director of Account Management, ValueOptions, Reston, VA

- Provided oversight of the client management process that consisted of 83 accounts totaling over \$17 million in annual revenue.
- Responsible for day to day operations of the Falls Church Service Center Account Management team comprised of 16 Account Executives and Account Representatives.
- Assisted in the preparation of Response for Proposal for potential new clients and oversaw the revenue side of the budget.

May 1999-May 2001

Account Executive, ValueOptions, Reston, VA

- Responsible for the administration of the Railroad National Health and Welfare Plans Mental Health and Substance Abuse benefits.
- Oversaw the day to day client, EAP, and vendor relationships.
- Created, analyzed and presented account data for internal and external and marketing of ValueOptions service to potential and existing clients.

May 1996-August 1999

Director of Provider Relations, ValueOptions, Reston VA

- Directed all aspects of the Regional Provider Relations Department, consisting of six operating units, covering three million lives.
- Directed facility credentialing and contract negotiations. Managed the development and maintenance of regional Clinical Group.
- Conducted internal audits of accuracy.
- Served as clinical resource for Claims and Service Operations Department.

March 1993-May 1996

Clinical Coordinator of Provider Relations/EAP Services and Inpatient Case Manager, Value Behavioral Health, Falls Church, VA.

- Interfaced with Railroad's 15 EAPs' and Clinical Directors regarding clinical issues and facility problems.
- Evaluated the medical appropriateness of treatment plan recommendations for psychiatric and substance abuse cases.

July 1989-March 1993

Staff Nurse, Psychiatric Treatment Unit Arlington County Hospital

- Provided direct primary care nursing.
- Led daily support groups.
- Assumed charge nurse responsibilities as needed.
- Served on unit quality assurance committee, decentralization committee, quality circle support group, hospital public relations committee and trainer for CPI.
- Nominated for nurse of the year.

Education

Masters Degree in Social Work-Newman University

Bachelor Degree in Social Work, magna cum laude-Colorado State University-Pueblo-
George Mason University, Fairfax, Virginia –Nursing Studies

Associate's Degree in Nursing, cum laude- Northern Virginia Community College

Achievements

Threlkeld Prize for Excellence nominee Colorado State University-Pueblo

Phi Kappa Phi Honor Society Colorado State University-Pueblo

Zeta Delta Phi Social Work Honor Society Colorado State University-Pueblo

National Association of Social Workers (NASW) Member

Newman University 2013 Distinguished Alumna of the Year

Trainings and Workshops: Crisis Prevention Institute Training, Rob March Training, Threat Assessment Training, Bridges out of Poverty Workshop, Complex Trauma: Latest Research and Treatment Methodologies Workshop, Suicide Awareness Community Workshop, Safe Schools-Bully Prevention, and CDE-Twice Exceptional Training 1 & 2, Autism Level 1, Educating Children of Color, Military Child Education Coalition: “Living the New Normal” and “Supporting Military Children through School Transitions: Social/Emotional”, “Supporting Military Children and Youth Through School Transitions: Foundations”, “The Journey from “Welcome Home to Now: Reunion, Reconnecting, Routine”, “Helping Military Children Discover Their S.P.A.R.C.”, “Mindfulness”, “Suicide in the School and Community”.

Volunteer Experience

Colorado Springs Hospice-2009-2010

Children’s Literacy Center Tutor- July 2011